

# Sistah Goddess Priestess Healers 2020

Connection, Resurrection and Greater Direction

with **Caroline Shola Arewa**



An Invitation for Transformation

You, answered the Calling!

Time to **Open to Spirit** and allow a Powerful Energetic Process to Evolve

# Sistah, Goddess, Priestess, Healer

With

Caroline Shola Arewa

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## Greetings Sistah Goddesses

I remain in awe of the chain of events that has rebirthed this training and brought this Energy into being again. As a Sistah who has shown yourself to be ready to join us on this Sistah Goddess Priestess Healer Journey, *I welcome you and offer you my love, respect and teachings*. I answer the voice of our Ancestors as I call you forward to elevate consciousness and fulfill your commitment to your Self and our community.

As you may know, I had some resistance to bringing this training into being, I am not free of such emotions. And you may also feel some fear and anxiety amongst the excitement. What I can do is model how we overcome our limitations, how we trust Spirit and move towards the Divine. That I am good at, even when the Ancestors set us up! So it is with gratitude, pleasure and honor, that I present this training to you in 2020.

This is a year that will go down in history. Let's make it a truly auspicious one. A year you said a **Sacred Yes!** Yes to becoming a SGPH. Yes to birthing a new commitment to Self, Sistahood and Community. Each one of us is growing in the direction ordained by our Creator. We are sowing seeds to nurture and develop. We can only glimpse at the *wonder* being created right now as you read. Just as each tiny drop of water contributes to the infinite vastness of the ocean, our coming together has infinite potential.

As the rich waters of our souls meet in rhythmic flow, nothing will dam up our power to create whatever is needed to enrich ourselves our families and our community. We are creating a synergy of *wonder* that is so much more than we can individually imagine.

As you embark on this journey  
Begin to release all you no longer need.  
As I welcome each of you onto the training  
Let us welcome, the Birth of a New Consciousness

Let's embrace this bless-ed opportunity  
to work together, to heal, to transform,  
to Energise, Embody and Empower!  
In the light of the most high,  
in the footsteps of our Ancestors and  
Blessings of our Divine Creator.

# **Sistah, Goddess, Priestess, Healer**

## **ISIS: International Sistahs in Service - to the Divine**

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### **Intensive 7 Month Programme**

### **Contents**

<b>June</b>	Khat - Restoration of your Sacred Body Temple
<b>July</b>	Anointed and Appointed - ISIS Initiation
<b>August</b>	Celebrating Spirit, Celebrating Self. Recognition of your Divine Gifts
<b>September</b>	Rage to Radiance - Poverty to Prosperity
<b>October</b>	Sexual Healing and Relationship Work
<b>November</b>	Shekhem and Sahu - Inner Light Healing Work
<b>December</b>	Hekau - Word Power
<b>July 2021 - TBC</b>	Ascendancy Pilgrimage to Egypt - 2 <sup>nd</sup> ISIS Initiation
<b>Heartwork:</b>	Personal Project Development

**‘Knowing what must be done removes fear’**  
Rosa Parks

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- Items to charge on your Altar  
(You may want the Goddess Auset on your Altar)
- Crystals – Essential oils
- Cleansing - sage, palo santo frankincense
- Books – Opening to Spirit – Wellness Temple Journal  
<https://www.shola.co.uk/books>
- Journal and pens – creative items  
(ring binder to keep notes together or keep digital notes)
- Yoga mat, for home practice
- Yoga clothes - track pants, sweat shirt (preferably white)
- Meditation shawl - cushion
- Ceremonial whites for ritual and healing - adornments
- Musical instrument
- Lapa and Headwrap
- Herbs for internal cleansing - I will detail later
- Open heart and a smile
- As the course progresses you may need other items

## **Sistahs Meet:**

- Our Sacred Gatherings take place three times a Month
- Two Sundays a Month – starting 31<sup>st</sup> May from 6pm - 9pm BST
- One Moonday evening a Month - 6pm – 8pm BST  
This Moonday will be reading – studying Opening to Spirit.
- <https://www.worldtimebuddy.com/> Pls check your local time

2021 – Second Initiation and Travel to be organized and confirmed.

## **Personal Practice:**

- Personal daily Blissipline Practice 6:am – 8:am
- Daily Journal work
- Daily Prayers and Altar work

Monthly focus – depends on the Chakras and energies we are working on.

## **Venue:**

All meetings take place on Zoom.

Dates and links to follow:

## **Investment:**

£1600 when paid in full

or £600 initial non refundable deposit

And 6 payments of - £200 to be paid on the 1st of each month beginning June 1<sup>st</sup>

Balances paid in full before May 31<sup>st</sup>, will not incur additional admin fees.

2021 – Second Initiation and travel costs are not included.

Details yet to be clarified and confirmed, we will discuss this together.

**‘What you Perceive and Believe, you can Achieve and Receive’**